

January 2010 Weekend Zen Retreat With Zoketsu Norman Fischer



Norman Fischer is a Zen priest, a husband, a father, and a poet: a teacher with wide-ranging interests and passions. During almost 30 years at San Francisco Zen Center, he served in many positions. Norman retired as the abbot of Zen Center in 2000 to take his teaching out into the world. He continues his involvement with the Zen Center as a senior Dharma teacher. Norman believes in the possibility of "engaged renunciation": living a fully committed religious life that does not exclude family, work, and a passionate interest in the world. He is founder of the Everyday Zen Foundation (www.everydayzen.org).

This non-residential silent retreat is suitable for both beginners and experienced students. It will include periods of zazen (sitting meditation), kinhin (walking meditation), chanting, and talks by the teacher. There will also be opportunities for individual interviews with the teacher.

Friday, January 22 from 7:00 p.m. to 9:00 p.m.
Saturday, January 23 from 9:00 a.m. to 9:00 p.m.
Sunday, January 24 from 9:00 a.m. to 4:00 p.m.

Location: Liu Centre – 6746 NW Marine Drive, U.B.C.
Campus

Cost is CDN \$90 or US \$85 (\$80 CDN for MRZC members)
(Partial scholarships available for students and those on limited income)

The retreat fee covers only the basic costs of this retreat but does not include any payment to the teacher. To help support his teaching, please make a donation to the teacher at the retreat.

For further information contact the registrar: Flo Rublee

Email: frublee@eastlink.ca Phone: (604) 910-7874

PLEASE REGISTER EARLY: SPACE IS LIMITED!

To register, please send in the registration form on the back of this page.
Sponsored by the **Mountain Rain Zen Community** (www.MountainRainZen.org)



REGISTRATION FOR THE ZEN RETREAT January 22-25, 2009

Name _____ Telephone: _____

Address _____ E-Mail: _____

City _____ Postal Code _____

I have previously done a Zen retreat: yes ____ no ____

I have previously done a meditation retreat: Type _____

I can provide housing for a retreatant from out of town: yes ____ no ____

Pets? Please list: _____

(Please consider offering a space if at all possible. Many retreatants come from out of town and rental accommodation is prohibitively expensive.)

I will need housing for the weekend: yes ____ no ____

(Our members traditionally offer hospitality to out-of-town participants who need a place to stay, but we sometimes have more requests than we can fill. We will let you know a week prior to the retreat if space is available).

Allergies? Please list: _____

I am willing to volunteer some time to help with the retreat (setting up and taking down the meditation hall, making tea, assisting with registration): yes ____ no ____

I would like to receive announcements of MRZC events: yes ____ no ____

Please send this registration form with the retreat fee of \$90 Can. or \$85 US (\$80 Can for MRZC members) payable to **Mountain Rain Zen Community**

**Mail to: Flo Rublee
5692 Carmel Pl.
Sechelt, BC, V0N 3A4**

A confirmation letter with details about the retreat will be sent. Please call Flo Rublee at **(604) 910-7874** or email frublee@eastlink.ca for more information. Or Kate and Michael at **604-462-0604**

See the MRZC Website for activities in the Vancouver B.C. area
www.MountainRainZen.ca